



Troy Recreation Department

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted. Staff will try their best to meet everyone's needs but you may be asked to provide an aide or to withdraw from the activity.



July/August 2014

Hope everyone is enjoying the great summer weather. Just a reminder that the Friday Frolic will return in September as well as My Chance to Dance. Registration for the fall session of Basketball is now open. Register for Activity #135315A. Fee is \$60 for Residents and \$70 for Non-Residents.

Your membership card expires on Aug. 31, 2014. New membership forms for 2014-2016 are due by September 2014. Form is attached to this newsletter and is available at the Community Center front desk. Drop off form or mail to CC and we will mail you a new membership card which is required for admission to all activities.

There are three ways to receive the Adaptive newsletter which is published six times per year:

- Receive it by mail by submitting the fee and registration form in this newsletter. Troy residents pay \$5 for two years (12 issues). Subscriptions begin with the Sept/Oct issue of even numbered years and are prorated biannually. Pay \$5 on or before 2/28/15, \$3.75 between 3/1/15 and 8/31/15, \$2.50 between 9/1/15 and 2/28/16, and \$1.25 after 3/1/16. Non-residents pay \$7 per year, prorated as above. Ask for Act. #135320C.
- Pick up a free copy at the Community Center Front Desk. We will try and have some available at the Monday night activities and the Friday Frolic.
- Receive the newsletter free via e-mail. Visit the City web site: www.troymi.gov and click on SUBSCRIBE in the upper center of page. Enter your e-mail address and click on SAVE. Then select Adaptive News & Updates and click save.

Save some CASH and purchase a punch card to attend the Monday night activities and the Friday Frolic Dances. All drop-in fees are \$6 at the door (except Bowling which is now \$7) and punch cards are \$47 and \$57 NR. It can be used to pay for **Movie and Pizza, Karaoke, Friday Frolic and Bingo.** These activities are \$6 per person at the door. Purchase a punch card at the front desk for \$47 for residents of Troy and \$57 for non-residents. This will result in a **savings of \$13 for residents and \$3 for non-residents over paying at the door.** This punch card is good for admission into ten of these events. There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. If you've experienced problems with your Friendship Club member losing their punch card, we have a new suggestion: Put the punch card on a lanyard and have them wear it to the events. For homes with multiple Friendship Club participants, put the cards on a card ring (found in office supplies) and carry them all together. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

BASKETBALL

Register now for the 10-week winter basketball sessions. Participants will be divided into four teams. Join Coach Courtney Dalley for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

| Act. # | Day | Time | Location | Fee | Begins | Ends |
|---------|---------|--------------|------------------|--------------|----------|---------|
| 135315A | Tuesday | 6:30-8:30 pm | Community Center | \$60R \$70NR | Sept. 16 | Nov. 18 |
| 135315B | Tuesday | 6:30-8:30 pm | Community Center | \$60R \$70NR | Jan. 13 | Mar. 17 |

MOVIE AND PIZZA Monday, July 14 & August 11

2nd Monday

Time: 6:30-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. (Includes movie, drink, and a pizza snack).

No registration is required.

Aides may purchase pizza \$1/slice. Please place your order when you check in.

Monday, July 14 "The Nut Job"

Monday, August 11 "Rio 2"

FRIDAY FROLIC DANCE This activity will return in September

2nd Friday of each month except July and August. Dancing with a DJ and refreshments.

Time: 7 - 9:00 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration is required.

KARAOKE Monday, July 21 & August 18

3rd Monday - Have fun while singing along with the latest and greatest artists. Feel free to bring your own CD with which to sing and dance along. Pop and chips will be served.

Time: 7 - 8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration required.

Aides may purchase pop and chips for \$1.

BINGO NIGHT Monday, July 28 & August 25

4th Monday - Prizes will be given to the winners and we will break for refreshments.

Time: 7-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration required.

Aides may purchase pop and chips for \$1.

MY CHANCE TO DANCE

| Day | Time | Location | This program will return in the Fall |
|------------|---------------|-------------------|---|
| Thursday | 7:00-8:00 pm. | Big Beaver Church | 3753 John R |

Daytime Friendship Club Tuesdays and Thursdays 10am-3pm

ALL PARTICIPANTS MUST REGISTER PRIOR TO ATTENDING

There are 49 sessions planned for both Tuesdays and Thursdays. The fee is the same amount each month whether the month has 3, 4 or 5 Tuesdays or Thursdays in a month. This averages out to 4 days a month over the entire year.

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions.

The fee is \$76 (\$86 NR) per month for one day a week or \$152(\$172NR) for both days. Pre-registration is required and you must register for the entire month. Contact Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov. for more information. **Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.**

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| We ask that <u>new participants</u> attend with a family member or aide on a Tuesday or Thursday prior to registering to be introduced to the program and meet staff. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation. |
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A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.

Transportation for Troy residents may be available through Troy Medi-Go Plus.
Call 248-457-1100 for information.

The activity numbers for the next six months are as follows:

Tuesdays

| | | | |
|------|---------|------|---------|
| July | 135305A | Aug | 135305B |
| Sept | 135305C | Oct | 135305D |
| Nov | 135305E | Dec | 135305F |
| Jan | 135305G | Feb | 135305H |
| Mar | 135305J | Apr | 135305K |
| May | 135305L | June | 135305M |

Thursdays

| | | | |
|------|---------|------|---------|
| July | 135306A | Aug | 135306B |
| Sept | 135306C | Oct | 135306D |
| Nov | 135306E | Dec | 135306F |
| Jan | 135306G | Feb | 135306H |
| Mar | 135306J | Apr | 135306K |
| May | 135306L | June | 135306M |

ON GOING EVENTS

Basketball: Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Registration is required. Minimum age: 16.

Bowling: Saturdays (except holiday weekends and July and August) from **10 am - 12 pm** at Troy Lanes (Square Lake west of John R). **\$7 per week includes shoes and three games.** Drop-in.

My Chance to Dance: Thursday evenings from 7:00-8:00 pm at the Big Beaver United Methodist Church September – April Minimum age 13. Please contact Peggy DiMercurio at mdimercurio@wowway.com or 586-801-4902, with any questions.

Performing Arts Club: For teens and young adults with developmental disabilities. **Tuesdays 7-9 pm** at the Big Beaver United Methodist Church 3753 John R. Sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-703-7303. Minimum age: 16.

Softball: A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Thursday evenings in May. Minimum age: 16.

Special Events: Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

Special Olympics: Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8. Call 248-370-0922 www.somi.org for more information.

Weight Watchers: Tuesdays, meets at 5:30 pm and again at 6:00 pm at the Big Beaver United Methodist Church 3753 John R, Troy. The fee is .50 per week. Braille is available. Persons accompanying a program participant may participate for the same fee. Co-sponsored by The Arc of Oakland County. Call Allison Murowany at 248-816-1900 for details. Minimum age 13.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Activity # _____ Fee _____

Address _____

Activity #: _____ Fee _____

City _____ Zip _____

Activity #: _____ Fee _____

Phone _____

TOTAL DUE: _____

Signed: _____

Date: _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to: Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to www.troymi.gov/RecreationRegistration. Click on Click on the Play Here Box on top of page then click on Online Registration in the column on the left side of screen. Existing user? Click to log in. Enter your household number for username (find this number near the top left side of previous receipt or call 248-524-3484) and the last name of head of household (in all caps) for password. On the next screen, search by activity number or by type or keyword. You can only register people in your own household.

July 2014

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|-----------|--|---|----------|
| | | 1 Weight Watchers 5:30 & 6 pm Performing Arts 7:00 pm | 2 | 3 | 4  | 5 |
| 6 | 7 | 8 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6 pm Performing Arts 7:00 pm | 9 | 10 Friendship Club 10 am-3 pm Softball 6:30 pm See schedule for location | 11 | 12 |
| 13 | 14 Movie & Pizza 6:30-8:30 pm | 15 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6 pm Performing Arts 7:00 pm | 16 | 17 Friendship Club 10 am-3 pm Softball 6:30 pm See schedule for location | 18 | 19 |
| 20 | 21 Karaoke and Dancing 7-8:30 pm | 22 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6 pm Performing Arts 7:00 pm | 23 | 24 Friendship Club 10 am-3 pm Softball 6:30 pm See schedule for location | 25 | 26 |
| 27 | 28 Bingo 7-8:30 pm | 29 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6 pm Performing Arts 7:00 pm | 30 | 31 Friendship Club 10 am-3 pm Softball 6:30 pm See schedule for location | | |

August 2014

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|-----------|--|--------|----------|
| | | | | | 1 | 2 |
| 3 | 4 | 5 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6pm Performing Arts 7:00 pm | 6 | 7 Friendship Club 10 am-3 pm | 8 | 9 |
| 10 | 11 Movie & Pizza 6:30- 8:30 pm | 12 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6pm Performing Arts 7:00 pm | 13 | 14 Friendship Club 10 am-3 pm | 15 | 16 |
| 17 | 18 Karaoke and Dancing 7-8:30 pm | 19 Friendship Club 10 am-3 pm Weight. Watchers 5:30 & 6 pm Performing Arts 7:00 pm | 20 | 21 Friendship Club 10 am-3 pm | 22 | 23 |
| 24 | 25 Bingo 7-8:30 pm | 26 Friendship Club 10 am-3 pm Weight. Watchers 5:30 & 6 pm Performing Arts 7:00 pm | 27 | 28 Friendship Club 10 am-3 pm | 29 | 30 |